



# Lutheran Augustana Center

*Extended Care  
and Rehabilitation*



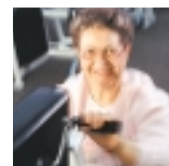
*A Caring Tradition*



# REHABILITATION SERVICES

The Rehabilitation Services at Lutheran Augustana Center serves all facility residents and is recognized for its intensive short-term restorative rehabilitation for the treatment of complex orthopedic, neurological and other medical conditions. Each resident brings distinct needs which are thoroughly evaluated and managed by caring physical, occupational and speech therapists. Our therapists secure necessary equipment and personal assistive devices for residents to aid in their functioning upon discharge home.

The recently renovated state-of-the-art rehabilitation gym provides a spacious, uniquely designed area equipped with the latest technology and equipment including an adapted car offering residents an opportunity to strengthen their transferring skills. In addition, a fully equipped training kitchen and bathroom help residents regain essential daily living skills. An outdoor rehabilitation garden offers an area equipped with steps, a curb, rails, and a ramp for residents to regain their strength, balance and mobility in a motivational outdoor setting. The fresh air, sunshine and landscaped outdoor rehabilitation garden, provides additional encouragement to meet therapy goals.





## CONTINUING

### *A Caring Tradition*

Lutheran Augustana Center for Extended Care and Rehabilitation is a New York State licensed not-for-profit organization established in 1908. We like to refer to Lutheran Augustana Center as “Home” and have a proud history of providing high quality nursing and rehabilitative care. All staff work very hard at creating a family feeling that is positive for residents, family members and each other.

Lutheran Augustana Center opened its new state-of-the-art 240 bed skilled nursing facility in 1995 which was enhanced by expansion in 2002. The Home provides twenty-four hour a day skilled nursing care, medical, and other professional services for individuals requiring long term care and for those who will benefit from intensive restorative rehabilitation.

The Home is designed with the comfort and safety of the disabled and elderly in mind, offering modern single and double bedrooms with private bathrooms. Each of the forty bed nursing units is attractively decorated and includes a dining room and therapeutic recreation lounge. Each nursing unit has a centrally located nurses' station to ensure optimal supervision and care. An important benefit the Home offers to residents is its affiliation with Lutheran Medical Center, which supports the Home with the provision of ancillary services and acute and emergency care, when necessary.



## FOOD AND NUTRITION SERVICES

The Home serves three full-course meals daily in its nursing unit dining rooms. Staff dietitians evaluate each resident's nutritional needs and individual preferences. Where medically necessary, special diets are prescribed by the resident's physician. Menus are developed in collaboration with residents and offer a wide variety of foods. Cultural and ethnic food preferences are accommodated.

Dining rooms are decorated during holidays to enhance the pleasure of our traditional holiday meals and an international cuisine is periodically served to celebrate the many cultures of our community.





## MEDICAL STAFF

An attending physician coordinates management of each resident's prescribed medical care. Each nursing unit has designated physician coverage which allows for physician accessibility to both residents and their families. Lutheran Augustana Center's Medical Staff is composed of Board Certified physicians in all specialties so that any resident care need can be competently evaluated and treated.

## SOCIAL WORK

A social worker is assigned to each resident to provide support and guidance to the resident and their family members. The social worker serves as a liaison to other departments and helps address resident and family concerns. For residents returning home, the social worker coordinates the discharge plan ensuring a safe return to the community.

## NURSING

The Home's professional nursing staff is specially trained to meet the diverse and complex needs of each resident. Sub-acute, rehabilitation, long term and palliative care is provided by our compassionate and dedicated nursing staff composed of registered nurses, licensed practical nurses and certified nursing assistants. Registered nurses are certified in gerontological nursing, intravenous therapy, phlebotomy and CPR/basic and advanced cardiac life support. All staff receives training to keep abreast of technological advances in the care of the elderly and disabled.

A nursing rehabilitation program is provided on each nursing unit to increase and/or sustain each resident's independence by supporting their abilities in ambulation, range of motion and feeding and dressing skills. Nurses play a key role in the development of individualized resident care plans in our multi-disciplinary setting, ensuring that all needs of each resident are addressed in a caring and comforting environment. The nursing staff serve as a resource to academia by providing on-site training for students enrolled in a certified nursing assistant and undergraduate nursing curriculum.





## RESIDENT COUNCIL

The Resident Council, through its elected officers and interested participants, serves as the governing body for the Home's residents. The Council provides residents with a forum to participate in decisions made by the Home and to evaluate programs and services directly affecting their quality of life.



## PASTORAL CARE

Pastoral Care, through clergy and volunteer ministry, provides spiritual care that reflects the rich diversity of our residents' faith and traditions. Hospitality, encouragement and support are offered through visitation and the invitation to weekly Mass, Sunday Service of Holy Communion, morning devotions and holiday services in the Home's chapel.

## THERAPEUTIC RECREATION

Therapeutic recreation programs are scheduled seven days a week and include adapted sports and exercise, cognitive games, reminiscence, sing-a-longs, pet visits, and entertainment. A full calendar of leisure activities promote education and socialization skills including gardening, board games, movies, current events, trips, and intergenerational programs. Programs are planned to meet each resident's individual interests and capabilities.



The Home also offers beauty salon services and a beautiful outdoor garden where residents can enjoy the seasons of the year.

## PROUD TESTIMONIALS

Bringing mom to Lutheran Augustana Center to be cared for was a very difficult and painful decision for my family. I am happy to say, our mom flourished at the Home and was attended to with dignity, respect and a level of care that far exceeded our expectations, and she was always well groomed, dressed properly and well fed. I know that this level of care ran twenty-four hours a day.

Thank you for helping us to feel comfortable and giving us peace of mind in knowing our mother was in such good hands.

My dad recently completed an extensive rehabilitation stay at Lutheran Augustana Center. I found the staff to be efficient, kind and compassionate to all of the residents. The social workers, therapists and nursing staff were patient and professional. My telephone calls were promptly returned and my questions answered. If I must admit my dad to a facility in the future, my first choice would be Lutheran Augustana Center.

I would like to express my appreciation for the care my aunt received in Lutheran Augustana Center. Each time I visit, no matter what time of day, the calm and caring environment impresses me. Everyone on the staff carries out their duties in a most kind and cheerful manner. This is most comforting to those who have a loved one at the Home.



## *A Caring Tradition...*

The staff of Lutheran Augustana Center for Extended Care and Rehabilitation is guided by the principles of human dignity, respect and individuality. Toward the individual achievement of these principles, we encourage each resident to attain their highest level of physical, mental, emotional and spiritual well-being.

The Home is a skilled nursing facility located on the Lutheran Medical Center campus and is accessible by public transportation or car. Parking is available at the facility-operated garage adjacent to the Home.



**Lutheran Augustana Center**  
Extended Care and Rehabilitation.

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Lutheran Augustana Center does not discriminate in the admission, care and retention of residents because of race, color, national origin, gender, sponsor, marital status, sexual preference, disability, blindness, handicap or age.

A MEMBER OF LUTHERAN HEALTHCARE